

South Baldwin Dance Center



Fall/Spring 2026-2027

CLASS	LEVEL	TEACHER	TIME	ROOM
Monday				
L4 Jazz - (9-11) (App)	L4	Emma, Heather	4:00–5:00 PM	Studio B
L5 Jazz - (Jr)	L5	Heidi	4:00–5:00 PM	Studio C
Wee Ballet (2-3 yr olds)	WEE	Amanda	4:15–4:45 PM	Studio A
L1 Ballet/Tap - (3-4 yr olds)	L1	Amanda	4:45–5:30 PM	Studio A
L5 Contemporary (9-11 yr olds) JR	L4	Anastasia	5:00–5:45 PM	Studio B
Contemporary L4	L4	Heidi	5:00–5:45 PM	Studio C
Hip-Hop Beginner	—	Helen	5:30–6:15 PM	Studio A
Junior SBDC - Rehearsal	L5	Anastasia	5:45–6:15 PM	Studio B
Tap Int/Adv. (Teen)	—	Heidi	5:45–6:30 PM	Studio C
Elite SBDC - JR	—	Anastasia	6:15–6:45 PM	Studio B
Contemporary L3	L 3, L4	Helen	6:15–7:00 PM	Studio A
L6 Jazz	L6	Heidi	6:30–7:30 PM	Studio C
L7 Advanced Contemporary	L7	Anastasia	6:45–7:45 PM	Studio B
Leaps and Turns Intermediate	L5, L6, L7	Heidi	7:30–8:00 PM	Studio C
Elite - Group	L7	Anastasia	7:45–8:30 PM	Studio B
SBDC Senior & Principal	L6	Heidi	8:00–8:30 PM	Studio C
Tuesday				
Musical Theater L4-7	—	Emma	4:00–4:45 PM	Studio B
L2 Ballet, Tap, & Jazz	L2	Mia	4:00–5:00 PM	Studio C
Wee (Ballet-Tap)	WEE	Amanda	4:15–5:00 PM	Studio A
SBDC - Senior-Principal Rehearsal	L6, L7	Emma	4:45–5:15 PM	Studio B
Ballet/Tap L1	L1	Amanda	5:00–5:45 PM	Studio A
L3 Ballet (7-9 yr old) Mini	L 3	Mia	5:00–5:45 PM	Studio C
Ballet L4-5 (apprentice)	L4, L5	Sylvia	5:15–6:15 PM	Studio B
L3 Jazz	L 3	Mia	5:45–6:30 PM	Studio C
Ballet L6-7 (Senior-Pre-pro)	L6, L7	Sylvia	6:15–7:15 PM	Studio B

South Baldwin Dance Center

Fall/Spring 2026-2027



CLASS	LEVEL	TEACHER	TIME	ROOM
Tap Beginner	—	Mia	6:30–7:15 PM	Studio A
Hip-Hop Intermediate (L4-5)	L4, L5	Jaleesa	6:30–7:15 PM	Studio C
Pointe	—	Sylvia	7:15–7:45 PM	Studio B
SBDC Elite Hip Hop	L7	Jaleesa	7:15–7:45 PM	Studio C
SBDC - Production	L4, L5, L6, L7	Heather	7:45–8:15 PM	Studio B
Hip Hop Adv. (L6-7)	L6, L7	Jaleesa	7:45–8:30 PM	Studio C
Wednesday				
Tiny Tot Tumbling	WEE	Jaleesa	3:45–4:15 PM	Studio C
Apprentice SBDC - JAZZ (MT)	L4	Emma	4:00–4:30 PM	Studio B
Tiny Tot Hip Hop	WEE	Jaleesa	4:15–4:45 PM	Studio C
L2 Ballet, Tap, and Jazz	L2	Emma	4:30–5:30 PM	Studio B
SBDC Hip Hop Junior-Apprentice Team	L4, L5	Jaleesa	4:45–5:30 PM	Studio C
L5 Ballet /Pre-Pointe (Junior)	L5, L6	Jamie	5:30–6:45 PM	Studio B
Tumbling Beg/Int.	—	Jaleesa	5:45–6:30 PM	Studio C
Tumbling Adv. (Teen)	—	Jaleesa	6:30–7:15 PM	Studio C
Hip-Hop (Beg-Int)	—	Helen	6:45–7:30 PM	Studio B
SBDC Hip Hop - It's A Party	—	Jaleesa	7:15–8:00 PM	Studio C
Ballet - Adult	—	Katherine	7:30–8:30 PM	Studio B
Tumbling Intermediate	—	Jaleesa	8:00–8:45 PM	Studio C
Thursday				
Technique L4-7 (No Recital)	L4, L5, L6, L7	Emma, Heather, Amanda	4:00–4:45 PM	Studio B
Mini Performance Team	L 3, L2	Jaleesa	4:00–4:30 PM	Studio C
L 1 Ballet/Tap	L1	Katherine	4:30–5:15 PM	Studio A
Mini Hip Hop Team	L 3, L2	Jaleesa	4:30–5:00 PM	Studio C
SBDC - APPRENTICE Lyrical	—	Heidi	4:45–5:15 PM	Studio B

South Baldwin Dance Center



Fall/Spring 2026-2027

CLASS	LEVEL	TEACHER	TIME	ROOM
SBDC Mini Company	L 3	Jaleesa	5:00–5:30 PM	Studio C
Tap L3-5	—	Heidi	5:15–5:45 PM	Studio B
L2 Ballet, Tap, & Jazz	L2	Katherine	5:15–6:15 PM	Studio A
Tumbling Beginner	—	Jaleesa	5:30–6:15 PM	Studio C
SBDC Jr Lyrical	—	Heidi	5:45–6:15 PM	Studio B
L6 Lyrical	—	Heidi	6:15–7:00 PM	Studio B
Hip Hop Beginner	—	Jaleesa	6:15–6:45 PM	Studio C
Tumbling Advanced	—	Jaleesa	6:45–7:30 PM	Studio C
L7 Adv. Jazz	L7	Heidi	7:00–8:00 PM	Studio B
Performance Team	—	Jaleesa	7:30–8:00 PM	Studio C
L7 Adv. Lyrical	L7	Heidi	8:00–8:45 PM	Studio B
Jazz - Pre-Teen/Teen	—	Jaleesa	8:00–8:45 PM	Studio C